



Gestalt Fundamentals

With **Anne Pettit & Danni Joan**

A foundational course designed for qualified and unqualified psychotherapists, counsellors or mental health practitioners who want to experience and develop skills in Gestalt. You may be considering psychotherapy or counselling as a profession and want to gain an understanding of the theory which underpins the applied practice of Gestalt Psychotherapy.

This is an experiential course which offers a grounded awareness and appreciation of the multi-faceted process within gestalt. The group will aim to have between 8-10 participants and will offer you the opportunity to explore the principles underpinning this approach within a safe and ethical framework. In being part of a group there is also an opportunity to experience gestalt group process which offers an invaluable insight and alternative perspective into this fascinating approach.

If you are a counsellor or psychotherapist in training and need to gain clinical work experience, this can be done in conjunction with this course.

You will gain a Continued Professional Development certificate which will amount to **50 hours** in total.

Application Process: If requested, please forward a CV. Experience of working with people is preferable. A reference may be required.

Assistant Co-facilitators: There may be additional assistant gestalt therapists joining me for the series in a creative and supportive role.



DATE Jan 11-12th; Feb 8-9th; Mar 8-9th; Apr 5-6th; May 3-4th 2025

VENUE Gestalt Centre Wales, The Courtyard, Chepstow NP16 5HH

TIMINGS Arrive from 09.30 for a 10.00 prompt start, finishing at 4.00pm

COST £950.00 (early bird fee) if booked by 31st October 2024, otherwise £1050.00

BOOKING Please contact Anne on 07863 976 833 or at gestaltcentrewales@gmail.com

CANCELLATIONS: If you cancel more than 14 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available, please bring a lunch to share

