



# Gestalt Basics

With **Anne Pettit & Danni Joan**

A discreet number of foundational workshops designed for qualified and unqualified psychotherapists, counsellors or mental health practitioners who want to experience and develop skills in Gestalt. You may be considering psychotherapy or counselling as a profession and want to gain an understanding of the theory which underpins the applied practice of Gestalt Psychotherapy.

This is an experiential course which offers a grounded awareness and appreciation of the multi-faceted process within gestalt. The group will aim to have up to 8 participants and will offer you the opportunity to explore the principles underpinning this approach within a safe and ethical framework. In being part of a group there is also an opportunity to experience gestalt group process which offers an invaluable insight and alternative perspective into this fascinating approach.

If you are a counsellor or psychotherapist in training and need to gain clinical work experience, this can be done in conjunction with this course.

You will gain a Continued Professional Development certificate which will amount to **5 hours** per workshop.

**It is possible to attend one discreet workshop or all four together. Hours will be counted if interest extends to the Advanced Training commencing September 2024.**

**Application Process:** If requested, please forward a CV. Experience of working with people is preferable. A reference may be required.

**Assistant Co-facilitators:** There may be additional assistant gestalt therapists joining me for the series in a creative and supportive role.



**DATES:** To be confirmed in 2025

**VENUE:** Gestalt Centre Wales, The Courtyard, Chepstow NP16 5HH

**TIMINGS** Arrive from 09.30 for a 10.00 prompt start, finishing at 3.30pm

**COST** £95.00

**BOOKING** Please contact Anne on 07863 976 833 or at [gestaltcentrewales@gmail.com](mailto:gestaltcentrewales@gmail.com)

**CANCELLATIONS:** If you cancel more than 14 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

