



Advanced Child & Adolescent Gestalt Foundational Training February - July 2025

Gestalt Centre Wales Training supports a relational, dialogic, field, and developmental gestalt approach to working with Children and Young People, preparing a wide range of professionals for working life in a changing world, aiming towards supporting grounded and creative resilience, within the counselling / psychotherapy profession.

Course Leader - Anne Pettit with Jon Blend & Danni Joan

Jon Blend teaches the Violet Oaklander approach to child and adolescent therapy internationally. He is a Faculty member of the Institute for Arts in Therapy & Education (Wellbeing course), a senior child psychotherapist, clinical supervisor, author and a musician. Jon has forty years' experience of working in adult and child mental health services and is Director of Gazebo Training School, London. Details of his current work can be found at www.gacp.co.uk

Course Tutors, Guest Trainers, and Assistants: There will be an additional range of Gestalt Psychotherapists / Therapists joining us for the Course, in a creative and supportive role.



*This 'hands on' arts training caters for counsellors, psychotherapists and other professionals working with children. Incorporating the arts in therapy with children offers an 'experience near' vehicle for self-expression that aids contactful exploration of issues, fosters resilience and enhances wellbeing. Rooted in Gestalt therapy theory the course draws inspiration from the projective arts approach of Dr. Violet Oaklander (ref. *Windows to our Children*) as well as ideas from Attachment and Systemic theories. It will also interest those wishing to explore their own relationship with creativity/ play as the course gives a good grounding in how to incorporate working with various materials and modalities (clay, drawing, sand tray, music-making, puppets, story- making etc) into your practice, together with theoretical input and discussion.*



A Continued Professional Development certificate will be available on completion of the Course. Amounting to 90 hours in total.

You may also be interested in continuing CYP training, of which this Course will provide foundation learning towards a European Certificate which is parable to a UK Postgraduate Diploma accredited Course. It is possible to attend discreet workshops.

Application Process: If requested, please forward a CV. Experience of working with people is preferable. A reference may be required.

The Course comprises of 7 weekends Friday - Sunday 10-4.30pm, a Residential and a four-day Intermediate



DATES: 26-27 Feb; 11-13 Apr; 10-15 May (Residential) 11-12 Jun; 3-6 Jul 2025

VENUE: Gestalt Centre Wales, The Courtyard, Chepstow NP16 5HH

TIMINGS: Arrive from 09.30 for a 10.00 prompt start, finishing at 4.30pm

COST: £2100 (Payment plans can be arranged)

BOOKING: Please contact Anne on 07863 976 833 or at gestaltcentrewales@gmail.com

CANCELLATIONS: If you cancel more than 21 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available,

please bring a lunch to share.

(Meals and refreshments are provided at the Residential)

