

Step into your Soul Purpose

Re-design your life

Are you going round and around in circles, repeating patterns in your life that you are ready to change? Join Karen Goodson and Jaqui Fabian to create the life you now desire.

Monday mornings
10am – 1pm
£20 a week
18th May, 1st, 8th & 15th June
Chepstow Therapy Rooms,
10 Hocker Hill Street,
Chepstow
NP16 5ER

Over the course of these 4 sessions you will:

- receive and use a basic soul plan reading
- learn how to identify limiting beliefs and feelings
- learn how to enter a relaxed state to change your limiting beliefs
- use your soul plan reading with Theta Healing techniques to create the life you now desire

...a life where you can wake up with a beaming smile every single morning...

Email karen@severnsideholistichealing.co.uk **Mobile: 07531 459727 (Karen)**

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