



CPD Event – Saturday 17th October 2015

**Dreaming Ourselves into Being :
Field-Relational Dreamwork 2
With Sally Denham- Vaughan**

This workshop is a follow on from our successful first dream workshop in November. It is open to counsellors, psychotherapists, coaches and anyone interested in learning more about how dreams might inform our sense of who we are now and who we have potential to become. It is also useful as a refresher for more experienced practitioners who want to bring a relational, creative and process orientated approach to their work. The theoretical basis of the approach will be briefly presented, but the teaching will be through experiential learning and discussion of pieces of work. There are opportunities for live supervision and small group practice if desired.

In view of this it would be helpful if participants can arrive prepared to work on their own dream material and that of others in the group.

The aim is both personal development and to build confidence and skills in working with dreams in a contemporary field-relational approach.

We will pay attention to forming a supportive group where we can experiment with the possibilities originating in dreams. No one will be expected to do anything they don't want to do and explicit attention will be paid to creating a safe group contract.

The workshop is appropriate to those who attended the November workshop with Sally and those who are new to the approach.

Sally is a Gestalt Psychotherapist, Supervisor, Trainer, Accredited Organisational Practitioner, Coach, writer and editorial advisor to the British Gestalt Journal. She has been a Co-Director of both psychotherapy and organisational change programmes in the UK. Originally trained as a Clinical and Counselling Psychologist, Sally worked for many years in the British National Health Service clinically leading and managing a range of services provided to Adults with Mental Health Problems. She is a Faculty member of the International Gestalt in Organisations programme based in Turin, Italy, Academic Adviser on the Doctoral Programme at Metanoia Institute in London, International Faculty Associate at Pacific Gestalt Institute, International Board Adviser at The Relational Center, Los Angeles and Co-founder of Relational Change, (www.relationalchange.org), an international organisation committed to promoting developments in Relational theory and practice.



gestaltcentrewales

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With Sally Denham- Vaughan**

DATE Saturday 17th October 2015

VENUE Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

TIMINGS Arrive from 09.30 for a 10.00 prompt start, finishing at 5.00pm

COST £65.00 (early bird fee) if booked by 1st July 2015, otherwise £80.00

BOOKING Please contact Anne at gestaltcentrewales@gmail.com or by post at the above address.

CANCELLATIONS If you cancel more than 14 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available, please bring a lunch to share

Gestalt Centre Wales

CPD Event – Saturday 17th October 2015

Gestalt Live Supervision: Bringing clinical theory Alive!

With **Sally Denham- Vaughan**

BOOKING FORM

If you would like to attend this workshop please print and complete this booking form and then return it with your payment to Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

Name -----

Address -----

Contact Numbers -----

Email -----

Occupation -----

Interest in Workshop -----

Payment Enc. (Cheques payable to 'A. Pettit') £-----

Signed ----- Dated -----

We abide by a STRICT code of confidentiality. Your details will NOT BE passed to any third party.

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