



gestaltcentrewales

**CPD Event – Saturday 18<sup>th</sup> April 2015**

**Therapist Self-Disclosure**

**With Jane Pendlebury MBACP**

The concept & intention of this workshop is to enable participants to explore this tricky subject in a safe environment. There will be some theoretical background, ethical viewpoints & plenty of space to explore our own viewpoint. It's amazing what can come up once we've been given permission to talk about this topic. The day is open to all qualified therapists, whatever their modality, bearing in mind that my core belief & working system is PCA.

Jane Pendlebury is a mature counselling therapist & supervisor, with experience of working for public, private & voluntary sectors, in various workplace situations. She is an independent practitioner and has vast experience of working with the impact of life events. Her work is based upon the Person-Centred Approach. Jane qualified as a therapist in Lancashire where she worked for a couple of years before re-locating to Herefordshire 12 years ago. For further information please visit Jane's web page: [janes-counselling.co.uk](http://janes-counselling.co.uk) BACP [www.bacp.co.uk](http://www.bacp.co.uk); BAPCA [www.bapca.co.uk](http://www.bapca.co.uk);

**DATE** Saturday 18<sup>th</sup> April 2015

**VENUE** Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

**TIMINGS** Arrive from 09.30 for a 10.00 prompt start, finishing at 4.00pm

**COST** £45.00 (early bird fee) if booked by 1<sup>st</sup> February 2015, otherwise £60.00

**BOOKING** Please contact Anne at [gestaltcentrewales@gmail.com](mailto:gestaltcentrewales@gmail.com) or by post at the above address

**CANCELLATIONS** If you cancel more than 14 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available, please bring a lunch to share

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## BOOKING FORM

If you would like to attend this workshop please print and complete this booking form and then return it with your payment to Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

Name -----

Address -----  
-----

Contact Numbers -----

Email -----

Occupation -----

Interest in Workshop -----

Payment Enc. (Cheques payable to 'A. Pettit' ) £-----

Signed ----- Dated -----

We abide by a STRICT code of confidentiality. Your details will NOT BE passed to any third party.

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