



gestaltcentrewales

CPD Event - Allison Priestman

Saturday 3rd October 2015

Working with Erotic Charge in the Therapeutic Relationship

Erotic charge can be a powerful tool for therapeutic change. Strong feelings of love or attraction in the therapy room are often experienced as scary and disruptive. In training and supervision erotic feelings are sometimes not explored, or else the emphasis is on suppressing them. Yet they are a very frequent part of therapy, and, I suggest, an inevitable effect of the intimacy and intensity of the relationship and the encouragement it offers to surrender to spontaneity

Many people have a strong need to integrate their sexuality; also to be witnessed and seen as sexual beings. Working with erotic material brings the opportunity of exploring a clients core issues in a very real alive way.

This workshop will focus on learning to accept and explore erotic charge while still maintaining appropriate boundaries, and on making creative use of the experience and everything that it brings up. As a body psychotherapist I'm interested in encouraging practitioners to use their embodiment as a resource; especially when working relationally. We will work with client material and here-and-now exercises.

Allison Priestman is an experienced Embodied-Relational Psychotherapist, Supervisor and Trainer; working in private practice in Stroud, Gloucestershire. She is a member of the Embodied-Relational Therapy training team and is an invited trainer to psychotherapy and counselling organisations in Britain. She is a full member of EABP, (European Association of Body Psychotherapy) and CABP, (Chiron Association for Body Psychotherapists). Her aim is to create safe, stimulating and stretching training and supervisory learning environments. Full details of her work can be found at www.allisonpriestman.co.uk

DATE	3 rd October 2015
VENUE	Gestalt Centre Wales, Please advise if you have accessibility requirements
TIMINGS	Arrive from 09.30 for a 10.00 prompt start, finishing at 5.00pm
COST	£60.00 (early bird fee) if booked by 1 st July 2015, otherwise £75.00
HOW TO BOOK	Please confirm attendance to gestaltcentrewales@gmail.com or by post to Anne Pettit at the Gestalt Centre Wales
CANCELLATIONS	If you cancel more than 21 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available

Booking Ref GCW-15011

Gestalt Centre Wales

CPD Event – Saturday 3rd October 2015

Working with Erotic Charge in the Therapeutic Relationship

With **Allison Priestman**

BOOKING FORM

If you would like to attend this workshop please print and complete this booking form and then return it with your payment to Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

Name -----

Address -----

Contact Numbers -----

Email -----

Occupation -----

Interest in Workshop -----

Payment Enc. (Cheques payable to 'A. Pettit') £-----

Signed ----- Dated -----

We abide by a STRICT code of confidentiality. Your details will NOT BE passed to any third party.

DATE Saturday 3rd October 2015

VENUE Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

TIMINGS Arrive from 09.30 for a 10.00 prompt start, finishing at 5.00pm

COST £60.00 (early bird fee) if booked by 1st July 2015, otherwise £75.00

BOOKING Please contact Anne at gestaltcentrewales@gmail.com or by post at the above address. **Booking Ref No GCW-15011**

CANCELLATIONS If you cancel more than 14 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

Refreshments (including alternative teas) available, please bring a lunch to share